



WMG Team Application



Washington
Men's Gymnastics Team

5529 27th Ave NE
Seattle, WA 98105
www.WMGF.us



WMG Team Application Instructions

Thank you for your interest in the Washington Men's Gymnastics Team. We are looking forward to the process of learning more about you and providing you with information about our program. We are excited to be a part of helping determine whether the WMGT program is the best fit for your future gymnastics, educational and professional goals.

- 1) It is important to know that final decisions are not made simply on the basis of this application packet. This packet is a starting place for future dialogue and discussion.
- 2) We accept applications year round, but July 1st is the application deadline each year.
- 3) You do not need to know which Seattle area school you are planning to attend before applying. As part of the application process we can help point you to area colleges and universities that match your areas of interest and academic goals.
- 4) A Personal Gymnastics DVD or a link to your YouTube video, should be no longer than 5 minutes in length and should be representative of the quality of gymnastics of which you are capable. Seeing your big skills is important, but please understand that we are mostly interested in seeing the quality of your fundamentals.
- 5) Good gymnastics capability is an important aspect of what we are looking for in teammates, but we are also interested in learning more about who you are as a person and your potential to grow and develop in our training environment. Please give complete answers to the essays and include 2 letters of recommendation from non-family coaches, teachers or advisors in your life. At least one letter should be from a gymnastics coach who has recent experience coaching you. The letters should address your character, work ethic, dependability, positive attitude and gymnastics potential.
- 6) If you are interested in being considered for one of the WMGF Scholarships, you must also complete the WMGF Scholarship Application. If you do not include it in the packet, we will assume that you are not interested in a scholarship. For the 2016--17 competition season, WMGF budgeted over \$35,000 for Scholarships.

A complete WMGT Application will include the following items:

- WMG Team Application (including Essays)
- Two Letters of Recommendation
- Personal Gymnastics Video (Disc or YouTube link)
- WMGF Scholarship Application (if applying)

Please mail your completed Application Packet to:

WMGT
5529 27th Ave NE
Seattle, WA 98105
Attn: Mark Russo
ossurkram@hotmail.com



Team Application Personal Information

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Email _____ Home Phone _____

Mobile _____

Birthdate _____

Parents' Names _____ Email _____

_____ Email _____

Gymnastics Experience

Current Gym _____ Current Coach _____

Gym Address _____ City _____ State _____

Gym Website _____ Region _____

First year of Competitive Gymnastics _____

Rank each event in the order of your perception of strength 1-6:

_____ FX _____ PH _____ R _____ V _____ PB _____ HB

Highest JO Competition Level ____ 8 ____ 9 ____ 10 Highest All-Around Score/Date _____

Educational Experience

High School _____ Expected Graduation Date _____

GPA _____ Top 2 Subjects _____

School Activities _____

WMG Team Application Essay Questions

1) Please describe what you love about being a gymnast and what you hope to gain from training and competing in an elite training program.

2) Please describe a season or incident of personal adversity and what you did to overcome it.

3) As you understand them now, please describe your educational and professional aspirations.