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Snohomish County, Washington.



Washington State Boys Championship

Hosted by the Washington Men's Gymnastics Foundation

March 12 - 13, 2022

Walt Price Athletic Center

Everett Community College



SNOHOMISH COUNTY
Tourism Promotion Area



Jeff Crockett

Head Coach
Washington Men's
Gymnastics Team

Welcome parents, athletes, coaches, and judges to the 2022 Washington Men's Gymnastics State Championships! We, the WMGF, are so grateful for the opportunity to host this prestigious event and provide all these athletes the opportunity to compete for a state title, and to qualify to the Region 2 Championships. This competition is Directed by Jeff Crockett, the head coach for the Washington Men's Gymnastics Team. All profits from this event will go directly to the Foundation in support of the college team to help pay for things like, scholarships, coaching, travel costs, uniforms, equipment, etc. as we are a 100% self-funded program.

Hosting an event like this also gives us the opportunity to engage with the community in a way that gives these young athletes something to look forward to. We want everyone to know that our mission is to develop people to the highest standards of integrity, truth, work ethic, perseverance, dedication, desire, and reciprocity through the sport of gymnastics.

We wish you and your athletes the best and look forward to a great competition! Thank you so much and GO DAWGS!!!



PNW SPORTS

SNOHOMISH COUNTY
SPORTS COMMISSION

SESSIONS SCHEDULE

All Sessions will be Modified Capitol Cup.

Saturday, March 12th

Session 1 - Level 5

9:00 am Stretch
9:25 am March In
9:30 am First Event Warm Up

Session 2 - Levels 6-8

12:30 pm Stretch
12:55 pm March In
1:00 pm First Event Warm Up

Session 3 - Levels 9-10

4:30 pm Stretch
4:55 pm March In
5:00 pm First Event Warm Up

Sunday, March 13th

Session 4 - Level 3 (6-8 yrs old)

9:00 am Stretch
9:25 am March In
9:30 am First Event Warm Up

Session 5 - Level 3 (9+ yrs old)

1:00 pm Stretch
1:25 pm March In
1:30 pm First Event Warm Up

Session 6 - Level 4

5:00 pm Stretch
5:25 pm March In
5:30 pm First Event Warm Up

PARKING

Parking is available to the north of Walt Price Fitness Center across Tower Street.
[Click here for Everett Community College Visitor Parking information.](#)



ADMISSIONS

Adults (18-54): \$20
Military / Seniors (55+): \$15
Children (17 and under): \$10

COVID PROTOCOLS

Per Everett Community College guidance the admissions table does not plan on verifying vaccination or test status for spectators. Attendees will be required to wear face masks.

[Click here to visit the Everett Community College COVID-19 Spectator Policies.](#)

RAFFLE TICKETS \$1 EACH

All raffle baskets were generously made by Your Wedding Company. We are so thankful for their unwavering support over the years. Check out their website and Instagram linked below!



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PARTICIPANTS

All American Gymnastics • Kennewick, WA

Taylor Booth ▪ Justin Hartwig ▪ Russell Meyer ▪ Lincoln Ramos ▪ Manasseh Ramos

Advantage Gymnastics Academy • Woodinville, WA

Josiah Abram ▪ Edan Cohen ▪ Kai Coleman ▪ Emmett Frost ▪ Matthew Kokhan ▪ Val Koklic ▪ Chris Mullins ▪ Stevie Mullins ▪ Makar Shnitko ▪ Jonah Silke ▪ Brennan Voss ▪ Ian Zoryn

Alpha Gymnastics • Woodinville, WA

Zach Dashevskiy ▪ Zev Dozorets ▪ Dalton Dunn ▪ Ryder Ellertson ▪ William Foster ▪ Alex Harrison ▪ Ivan Kostikov ▪ Matthew Kostikov ▪ Denis Mazalov ▪ Ryder McBride ▪ Adam Metwally ▪ Maxim Mikheev ▪ Jack Palmer ▪ Anton Podlepaev ▪ Maxim Podlepaev ▪ Dmitry Provalov ▪ David Rondel ▪ Aleksandr Rybin ▪ Jun Shimada ▪ Axle Skinner ▪ Gregory Skvortsov ▪ Gabriel Storrs ▪ Daniel Zhovtobriukh

Bainbridge Island Gymnastics • Bainbridge Island, WA

Cruise Cattone ▪ Theo Cheung ▪ Miguel Guillen ▪ Jacob Hall ▪ Henry Hoecker ▪ Liam Ruddick ▪ Owen Scheer ▪ Quinn Scheer ▪ Lafe Weighall ▪ Isaac Werner

Black Hills • Lacey, WA

Zadkiel Arocho Rodriguez ▪ Kayson Billings ▪ Eamon Borden ▪ Joshua Brunson ▪ Johnathan Calderon ▪ Thomas Calderon ▪ McCoy Carpenter ▪ Jayce Chavez ▪ Charlie Cogle ▪ Jackson Fugitt ▪ Dominic Goerig ▪ Robert Goerig ▪ Tirth Gohel ▪ Boo Boo Hayward ▪ Brett Henderson ▪ Landon James ▪ Maleki Kapele ▪ Elliot Leighty ▪ Greyson Leighty ▪ Jacob Luellen ▪ Walker Murdock ▪ Everett O'Donnell ▪ Callum Perry ▪ Uros Petrovic ▪ Damien Pierce ▪ Lance Pla ▪ Daniel Prietto ▪ Edwin Prietto ▪ Matthew Saenz ▪ Andrew Smith ▪ Casen Sortore ▪ Keith Swidecki ▪ Tyce Tucker ▪ Dash Ward ▪ Jaziah Washington ▪ Riley Webb

Cascade Elite • Mountlake Terrace, WA

Kayden Adams ▪ Drew Allen ▪ Connor Anderson ▪ Cody Bachhuber ▪ Malcolm Blair ▪ Eliot Chu ▪ Asa Crawford ▪ Jacob Elkins ▪ Noah Elsing ▪ Judah Hirschman ▪ Ewan Jeffers ▪ Matt Jordaan ▪ Racen Kahumoku ▪ Mark Kovtun ▪ Elliot Laird ▪ Ryan Lavielle ▪ Joshua Lutz ▪ Isaac Mackey ▪ Kaspar Marwick ▪ Ira McLemore ▪ Bryce Mentele ▪ Drake Miesel ▪ Evan Migal ▪ Jack Miller ▪ Frederick Moeller ▪ Trenton Nebel ▪ Santiago Ramirez Rose ▪ Dillon Rho ▪ Johnny Rodrigues ▪ Logan Rosemond ▪ Liam Savitski ▪ Jakob Shteynberg ▪ Hugo Simpson ▪ Reuben Suriya ▪ Michael Usoltsev ▪ Magnum Wasserman ▪ Will Zelter

Cascade Elite West • Silverdale, WA

Viggo Caras ▪ Aaron Layman ▪ Palmer Neil ▪ Greysen Nelson ▪ Nickolai Patchin ▪ Archie Ramsey ▪ Gabe Rumpke ▪ Gregory Sault ▪ Kenneth Sault ▪ Louis Sault ▪ Toryn Simmon

Dynamic • Spokane, WA

Dylan Abrahamson-Fernandez ▪ Conner Barker ▪ Peyton Bencich ▪ Colton Cameron ▪ Pax Coan ▪ Gavin DePue ▪ Ethan Ehrgott ▪ Ty Friedman ▪ Ethan Laughery ▪ Kaysic Lundquist ▪ Trandyn Lundquist ▪ Quinn Maier ▪ Nathaniel Nowaski ▪ Eden O'Neill ▪ Nait Phothivongsa ▪ Niam Phothivongsa ▪ Jacob Sherman ▪ George Stoddard ▪ Koda Wolfe

Emerald City Gymnastics • Redmond, WA

Dominic Barnebey ▪ Kelly Bateman ▪ Aaron Bedi ▪ Neil Bedi ▪ Logan Boetjer ▪ Benjamin Bynum ▪ Llyr Chambers ▪ Greyson Danner ▪ Anders Darboe ▪ Max Degtyar ▪ George Dos Remedios ▪ Theodor Fedotyev ▪ Jackson Grant ▪ William Guthrie ▪ Ryan Hing ▪ Matthew Jankowiak ▪ Nathan Kaplita ▪ Caden Knapp ▪ Sam Kohli ▪ Jake Leiter ▪ Henry Marcella ▪ Reagan Marcin ▪ Valentino Marin ▪ Hunter Maughan ▪ Jackson Maughan ▪ Dylan Mirsky ▪ Alex O'Reilly ▪ Nicholas Pinto ▪ Simon Porter ▪ Jackson Ramirez ▪ James Rivette ▪ Cruz Rule ▪ Andrey Shcherbakov ▪ Kyan Udasco ▪ Will Walters ▪ Grady Werner ▪ Clyde Yatteau

High Flight • Monroe, WA

Ryker Abrahamson ▪ Tuari Bahrey ▪ Brayden Kramer ▪ Gideon Moritz

Klanhane Gymnastics • Port Angeles, WA

Conor DeWolf ▪ Liam DeWolf

Metropolitan • Kent, WA

Isaiah Bandrapalli ▪ Mateo Baptista-Allan ▪ David Becerra ▪ Kyle Bender ▪ Brody Boatman ▪ Finn Boatman ▪ Tanner Boatman ▪ Maxim Bykhnyuk ▪ Andrew Cameron ▪ Beckett Chin ▪ Logan Chynoweth ▪ Alex Cline ▪ Matthias Day ▪ Eli Deehr ▪ Will Dollinger ▪ Quinn Gillette ▪ Jonah Hahn ▪ Sean Hansford ▪ Aden Haury ▪ Kaden Hayakawa ▪ Tai Hayes ▪ Liam Henderson ▪ Treven Henderson ▪ Evan Ho ▪ Yuya Ishiyama ▪ Joey Jacroux ▪ Garth Jarvis-Rizza ▪ Sebastian Kane ▪ Lincoln Knutson ▪ Nicholas Kolechkin ▪ Luka Kolovyansky ▪ Cameron Kupets ▪ Kellen Lawrence ▪ Julian Laxamana ▪ Griffin Martinez ▪ Enzo Mascio ▪ Henry Moore ▪ Ethan Nguyen ▪ Julian Nguyen ▪ Everett Olsen ▪ Colby Pacquing ▪ J J Pacquing ▪ Oliver Parenteau ▪ Braxton Rede ▪ Oleg Rodionov ▪ Chuck Rogan ▪ Marcelo Rushwald ▪ Gabe Soltz ▪ Jonah Soltz ▪ Trevor Sooy ▪ Alan Sovrebov ▪ Dominic Stair ▪ Slavik Strembitskyy ▪ Levi Summersett ▪ Arthur Taranov ▪ Benjamin Taylor ▪ Ray Teplitsky ▪ Derek Valdez ▪ Janrich Velarmino ▪ Leon Vorkoper ▪ Daniel Waibel ▪ Joshua Waibel ▪ Jeremiah West ▪ Shay West ▪ Tom Young ▪ David Zagurnyi ▪ Davonte Zerzan-Thul

Mid Columbia • Richland, WA

Max Allen ▪ Dutch Anda ▪ Christian Bamber ▪ Ayden Betz ▪ Carson Charles ▪ Holden Diehl ▪ Oscar Felicetti ▪ Owen Felicetti ▪ Prince Gomez ▪ Austin Han ▪ Corbin Han ▪ Landon Hendrickson ▪ Alex Holzer ▪ Lucas Holzer ▪ Gabriel King ▪ Mikey Landon ▪ Tom Le ▪ Ethan Mason ▪ Anthony Mortensen ▪ Aven Scotece ▪ Noah Scott ▪ Cody Szelmezcza ▪ Cade Waters

Mt. Baker Gymnastics • Sedro Wooley, WA

Logan Applewhite ▪ Blake Burfield ▪ Chevy Copo ▪ Gus DeLuca ▪ Jacob Dubrow ▪ Aidan Finnegan ▪ Taylor Gunderson ▪ Gavin Krivanek ▪ Nicky Lamonica ▪ Jack Lemrick ▪ Vincent Lount ▪ Mason Miller ▪ Hunter Price ▪ Miles Rimmel ▪ Hudson Sedgwick ▪ Stuart Walker

Northpointe Gymnastics • Vancouver WA

Atticus Desjarlais ▪ Hunter Englund ▪ Jeremy Hubka ▪ Cael McQuiddy ▪ Malachi O'Bryan ▪ Alek Rosiecki ▪ Nolan Schafte ▪ Rowen Whitcanack

Olympic Gymnastics Center • Silverdale, WA

Elam Davis

Vancouver Elite Gymnastics Academy • Camas, WA

Brady Borth ▪ Tj Bunnell ▪ Carson Cole ▪ Porter Davidson ▪ Nathan Davis ▪ Joey Donnelly ▪ Matthew Ekstrom ▪ Vincent Elliott ▪ Aiden Hampton ▪ Yulian Kryvoleyvych ▪ Emmett Lee ▪ Natan Mathov ▪ Nikita Merryman ▪ Kai Naganuma ▪ Rey Notarte ▪ Edison Twyman

2022 WASHINGTON STATE CHAMPIONSHIP SCORECARD

Number	Name	Floor	Pommel	Rings	Vault	P Bars	H Bar	AA

Miss a score? Find it here!

scores.wmgf.us

Updated every two minutes.

Find meet results here!

meets.wmgf.us

MEET THE JUDGES

Oftentimes overlooked during the hustle and bustle of a competition, judges are a crucial component of any meet! It takes a lot of hard work and dedication to be a judge and we are always appreciative of their commitment to the sport.

The seven judges at this state meet have a combined 122 years of National Judging Experience with 4 having attained the rank of Brevet (International Judging Certification, FIG).

Meet Referee



Bryan Peterson

Floor Exercise



Kristin Miller

Pommel Horse



Karen Zediker

Still Rings



Josh Blaser

Vault



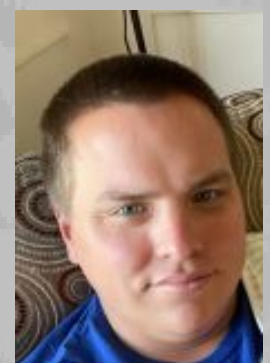
Dave Millard

Parallel Bars



Lynn Boman

Horizontal Bar



Ben Anderson

WHAT'S IN A SCORE?

Start Values - Compulsory

For compulsory athletes (Levels 3-6), all event scores start at a 9.5 with every athlete performing the same base routine. Division 1 and 2 athletes have the opportunity to earn +0.2 in stick bonus on the event dismount, as well as up to +0.3 in virtuosity bonus for 3 skills in the routine with objective exemplary performance; max score of 10.0. Division 1 athletes can earn up to 3 additional skill bonuses worth +0.5 each, except on vault, to aim for a starting score of 11.5. Once the judge determines what the athlete has competed, they add the bonuses completed to the base routine score of 9.5 to arrive at the final start value.

Start Values - Optional

For optional athletes (Levels 7-10), the athletes and coaches decide what skills are best to perform for each athlete within the sets of rules, leading to more unique and individualized routines. The highest value 6 skills (for Level 7) and 8 skills (for Levels 8-10) are added together to determine a difficulty score. (Each skill has a predetermined letter difficulty value and each difficulty value has a numerical value, A=0.1, B=0.2, C=0.3, etc.). The judge then looks at the composition of the routine to determine if each of four element groups (three element groups for Level 7) has been fulfilled to ensure the routine is diverse in composition. For example, it is not artistic to have a floor routine of all back tumbling and nothing else. Each element group is worth +0.5 for a total 2.0 (or 1.5 for Level 7). The difficulty and the element groups are added together to determine the start value. For example: an athlete performs 6 A skills, 1 B skill, and 1 C skill fulfilling all 4 element groups (Difficulty = $(6 \times 0.1) + (1 \times 0.2) + (1 \times 0.3) = 1.1$) and (Element Groups = 2.0). Difficulty of 1.1 + Element Groups 2.0 = Start Value 3.1.

Execution and Final Score

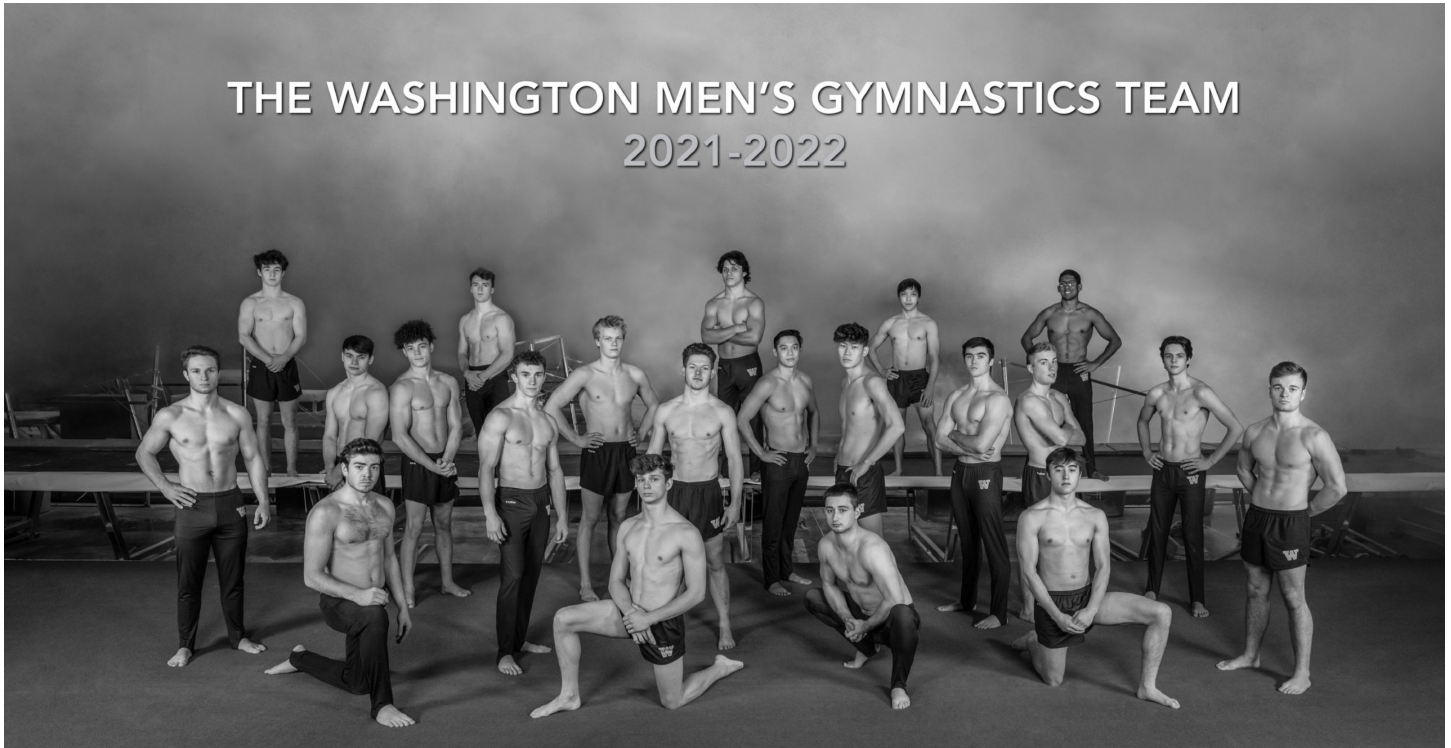
Execution errors are classified as small (-0.1), medium (-0.3), and large (-0.5) errors described by the FIG Code of Points and the Junior Program Manual. Example execution errors include: bent knees, flexed feet, deviation from the prescribed/perfect angle, bent arms, low height, etc. A fall is worth (-1.0). After determining the start value for the routine, the judge adds up all the execution errors in the routine and subtracts this from the start value, this is the final score for compulsory athletes.

Want to Learn More?

If you want to understand more about how men's gymnastics is scored, we invite you to contact Kristin Miller, the Education Coordinator, at kris.skye@gmail.com to attend a summer Intro to Judging course or even our Autumn course to become a certified judge. Judging is a great way to be involved in the sport while your son competes. Parents have become very successful judges, sometimes continuing after their son stops competing.

MEET YOUR HOSTS

The 2021-2022 Washington Men's Gymnastics team is proud to host this year's Washington State Championship. [Click here to find out more about the team.](#)



Front Row (Kneeling): Luka Sisauri, Oscar Coromina Pujol, Joseph Mischke, Bradley Stroud
Middle Row (Standing): Xander Agate, Galen Henriquez, Adam Kerwin, Brody Lusk, Trevor Ruggeri, Connor Pattison, Perry Lightfoot, Murun Jamiyankhuu, Riley Sutton, David Roane, Carter Hawthorne, Parker Calomiris
Back Row: Andrew Layman, Oscar Hemmert, Sebastian Barquero, Julian Mui Feng, Jameel Ali
*Photo Credit: Chris Burch

The first ever “Husky Strong” calendar is now available to purchase!



All proceeds will directly support the team!

[Click here to purchase yours today!](#)


Follow us on social media!



GYMNASTICS AFTER HIGH SCHOOL

Interested in continuing your gymnastics career after high school? Consider joining the ever growing number of men's collegiate gymnastics teams. GymACT (Gymnastics Association of College Teams) is a great place to start researching options.

<https://www.gymact.org/>



GymACT programs provide the OPPORTUNITY to get an EDUCATION and be a part of a college gymnastics team!

- Part & Full-time coaches •
- Regular season competitions •
- Conference & National Championships •
- International travel & competitions •
- Train daily with a team •
- Travel and make new friends •

GymACT.org 2022 ACT League Teams

14 men's college gymnastics programs across the country



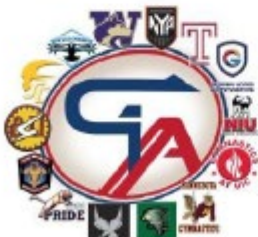
Keep the dream

ALIVE



GymACT WEST

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Iowa
Kansas City
NorCal
Rocky Mountain
SC United
Texas
Washington



2022 Conferences

GymACT EAST

Georgia
Minnesota
NIU
NYA
Temple
UIC

**** 2022 College Bound Camp ****
Visit [GymACT.org](https://www.gymact.org/) for more information



REGION 2 CHAMPIONSHIP

<https://www.mensregion2.com/championships>

The Region 2 Championships are approaching quickly! The meet is scheduled for April 8-10, 2022 in Pocatello, Idaho.

NEARBY FOOD / ATTRACTIONS

<https://www.thisiseverett.com/>

Looking for food or things to do while in town for the meet? Everett is host to a multitude of dining options and things to do. From paintball and escape rooms to hiking and museums, Everett has got you covered!



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WAYS TO SUPPORT THE TEAM

DONATE DIRECTLY

Visit <https://wmgf.us/donate/> to make a donation via PayPal. Don't forget - many companies (including Boeing and Microsoft) will match your donation!

Your donations are used to support our coaches, provide scholarships* for our athletes, pay for travel to competitions, pay practice facility rent, pay for gym supplies (tape, grips, equipment), buy uniforms, recruit new team members, and pay for advertising so more people can experience the amazing sport of gymnastics.

*If you are interested in donating \$2000 or more as a scholarship to a student athlete in need, please e-mail us at team@wmgf.us and let us know the purpose of your donation. This scholarship will be awarded in your name and the amount will be kept confidential if desired.

JOIN THE WMGF BOARD

The WMGF board meets virtually once a month to develop ideas to promote the program and raise funds for the team.

We are always looking for new members!

Meetings can be joined from anywhere around the world. No specific skills are required except a will to help the team and promote the sport of gymnastics.

If you are interested in joining the board or have further questions, please e-mail us at team@wmgf.us.

We'd love to have you!



CORPORATE DONATIONS

Amazon and Fred Meyer have committed to donating a percentage of your purchase price to your favorite charity.

Click on the links to the right and set Washington Men's Gymnastics Foundation as your charity of choice.

You'll be helping the team at no cost to you!

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photography