

2023




Boys State Championship

Hosted by the Washington Men's Gymnastics Foundation

March 11 - 12, 2023

Walt Price Athletic Center
Everett Community College





Welcome gymnasts, parents, family, and friends! We are the Washington Men's Gymnastics Foundation (WMGF) and we would like to welcome you to this year's Washington State Boys gymnastics championships! Its been over 40 years now that the boy's have had an age group state meet like this. There have been some excellent performances over the 40 years winning the right to claim themselves the best in Washington State as an individual event, All-around or team gymnast. Who will it be this year?

We wish all the competitors an eventful competition filled with many hit routines and hopefully garnering their highest scores of the season. This is the final team competition of the season and it will be very interesting to see who ends up on top of the awards stand in the different levels of the competition. Often, one program will dominate the different levels, a true sign of a well coached program.

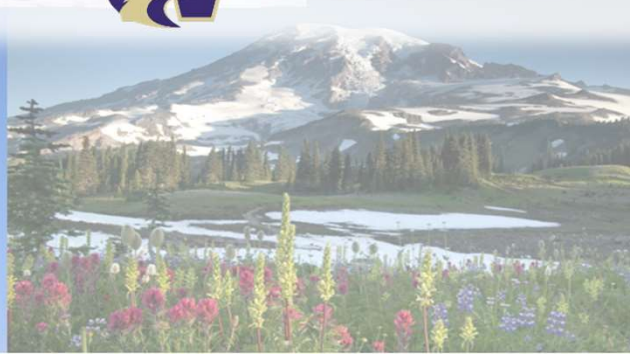
As for the WMGF, we hope to provide a great competitive atmosphere along with timely and accurate awards. It truly is our hope that the young gymnasts we see here will someday end up joining and competing for our Collegiate team and experience a phenomenal team environment that propels each gymnast to the highest levels of the sport.

We thank you for your support and accept your contributions to the WMGF with great respect and gratitude! It is our responsibility to provide to the gymnasts and fans a memorable gymnastics event that showcases the best Washington State age group gymnastics has to offer! Let us know how we are doing. We want to improve!

Thank you for attending this year's Washington State Boy's Gymnastics Championships!



Mark Russo
WMGF Executive Director



SESSIONS SCHEDULE

All Sessions will be Modified Capitol Cup.



Daylight Savings!

Saturday, March 11th

Session 1 - Level 5/6

9:00 am Stretch
9:30 am First Event Warm Up

Session 2 - Levels 7/8

1:00 pm Stretch
1:30 pm First Event Warm Up

Session 3 - Levels 9/10

5:00 pm Stretch
5:30 pm First Event Warm Up

Sunday, March 12th

Session 4 - Level 3 D1

8:00 am Stretch
8:30 am First Event Warm Up

Session 5 - Level 3/4 D2 & JE Tech Sequence

12:30 pm Stretch
1:00 pm First Event Warm Up

Session 6 - Level 4 D1

4:30 pm Stretch
5:00 pm First Event Warm Up

PARKING

Parking is available to the north of Walt Price Fitness Center across Tower Street.
[Click here for Everett Community College Visitor Parking information.](#)



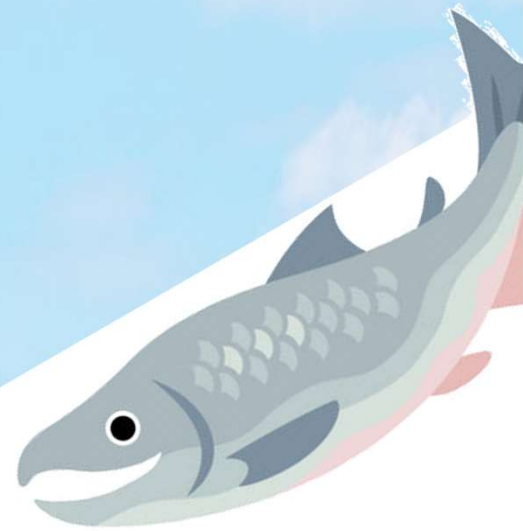
ADMISSIONS

Adults (18-54): \$20

Military/Seniors (55+): \$15

Children (17 and under): \$10

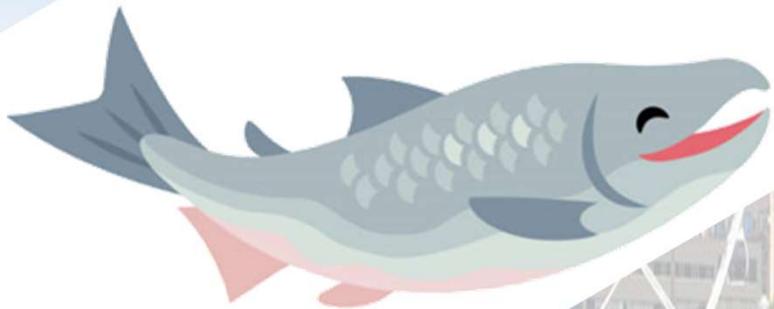
All admissions benefit the
Washington Men's Gymnastics Team



Shout outs will be announced
throughout each session.

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PARTICIPANTS

Advantage Gymnastics Academy • Woodinville, WA

Josiah Abram ▪ Landon Bernhart ▪ Edan Cohen ▪ Emmett Frost ▪ Matthew Kokhan ▪ Val Koklic ▪ Chris Mullins ▪ Stevie Mullins ▪ Makar Shnitko ▪ Brennan Voss

AIM Gymnastics • Moses Lake, WA

Kellen Farnsworth ▪ Lewis Fedie ▪ Matteo Garcia ▪ A.J Sandoval ▪ Jonathan Sandoval ▪ Levi Sandoval

All American Gymnastics • Kennewick, WA

Camden Apilado ▪ Taylor Booth ▪ Owen Meyer ▪ Weston Pratt ▪ Lincoln Ramos ▪ Manasseh Ramos ▪ Noah Scott

Alpha Gymnastics • Woodinville, WA

Yaroslav Bondariev ▪ Kai Coleman ▪ Eric Coulon ▪ Zach Dashevskiy ▪ Dalton Dunn ▪ Ryder Ellertson ▪ Liam Fazeli ▪ William Foster ▪ Quinn Gillette ▪ David Goldenberg ▪ Alex Harrison ▪ Artem Hryhoriev ▪ Ivan Kostikov ▪ Matthew Kostikov ▪ Brayden Lewis ▪ Michael Lozhkin ▪ Denis Mazalov ▪ Ryder McBride ▪ Zain Metwally ▪ Adam Metwally ▪ Hezekiah Onyango ▪ J J Pacquing ▪ Jack Palmer ▪ Ph-1 Ph-1 ▪ Anton Podlepaev ▪ Maxim Podlepaev ▪ Eddie Pogodin ▪ Adrian Ponomarenko ▪ Dmitry Provalov ▪ Oleg Rodionov ▪ Daniel Rondel ▪ David Rondel ▪ Aleksandr Rybin ▪ Jun Shimada ▪ Axle Skinner ▪ Gregory Skvortsov ▪ Marat Slobodyan ▪ Gabriel Storrs ▪ Daniel Zhovtobriukh

Bainbridge Island Gymnastics • Bainbridge Island, WA

Cruise Cattone ▪ Theo Cheung ▪ Henry Coleman ▪ Henry Hoecker ▪ Will Lewis ▪ Liam Ruddick ▪ Quinn Scheer ▪ Lafe Weighall ▪ Isaac Werner

Black Hills • Lacey, WA

Nathan Acklam ▪ Zadkiel Arocho Rodriguez ▪ Kayson Billings ▪ Finn Borden ▪ Eamon Borden ▪ Joshua Brunson ▪ Johnathan Calderon ▪ Jayce Chavez ▪ Charlie Cogle ▪ Jackson Fugitt ▪ Robert Goerig ▪ Tirth Gohel ▪ Grayson Harris ▪ Nolan Harrison ▪ Bruce Hollingsworth ▪ Tohma Honjoh ▪ Landon James ▪ Caleb Johnson ▪ Nico Jones ▪ Santino Jusino ▪ Asher Marchant ▪ Jeffrey Meeks ▪ Caleb Montgomery ▪ Walker Murdock ▪ Callum Perry ▪ Damien Pierce ▪ Lance Pla ▪ Daniel Prietto ▪ Edwin Prietto ▪ Emilio Ramirez ▪ Andrew Smith ▪ Casen Sortore ▪ Kai Tucker ▪ Tyce Tucker ▪ Jaziah Washington ▪ Rydon Webb ▪ Riley Webb

Cascade Elite • Mountlake Terrace, WA

Kayden Adams ▪ Connor Anderson ▪ Cody Bachhuber ▪ Malcolm Blair ▪ Charles Cady ▪ Eliot Chu ▪ Daniel Davidovskiy ▪ Jacob Elkins ▪ Noah Elsing ▪ Theo Glover ▪ Judah Hirschman ▪ Merrick Jacobson ▪ Matt Jordaan ▪ Racen Kahumoku ▪ Mark Kovtun ▪ Elliot Laird ▪ Ryan Lavielle ▪ Joshua Lutz ▪ Isaac Mackey ▪ Alexander Marletto ▪ Kaspar Marwick ▪ Evan Migal ▪ Jack Miller ▪ Frederick Moeller ▪ Trenton Nebel ▪ Ph-1 Ph-1 ▪ Santiago Ramirez Rose ▪ Dillon Rho ▪ Logan Rosemond ▪ Laydon Rossow-Belenky ▪ Liam Savitski ▪ Noah Shteynberg ▪ Jakob Shteynberg ▪ Jonah Silke ▪ Hugo Simpson ▪ Michael Usoltsev ▪ Pierce van Buuren ▪ Kenzo Wang ▪ Magnum Wasserman ▪ Will Zelter

Cascade Elite West • Silverdale, WA

Jackson deMize ▪ Palmer Neil ▪ Greysen Nelson ▪ Gabe Rumpke

Coastal Realm Gymnastics • Everett, WA

James Alvine ▪ Jairus Forehand ▪ Jackson Fornes ▪ Dodge Gooby ▪ Deven Johnston ▪ Sebastian Light ▪ Henry Mehlos ▪ Noah Miller ▪ Max Sansoni ▪ Josiah Wohlford

Dynamic • Spokane, WA

Dylan Abrahamson-Fernandez ▪ Colton Cameron ▪ Gavin DePue ▪ Ethan Ehrgott ▪ Nathaniel Nowaski ▪ Niam Phothivongsa ▪ Nait Phothivongsa ▪ Koda Wolfe

Emerald City Gymnastics • Redmond, WA

Zidan Abdelwahab ▪ Kelly Bateman ▪ Neil Bedi ▪ Aaron Bedi ▪ Logan Boetjer ▪ Eddie Bookholt ▪ Benjamin Bynum ▪ Andrew Chouinard ▪ Greyson Danner ▪ Anders Darboe ▪ George Dos Remedios ▪ Grady Dunn ▪ Theodor Fedotyev ▪ Max Frolov ▪ Ethan Gautier ▪ Jackson Grant ▪ William Guthrie ▪ Ryan Hing ▪ Matthew Jankowiak ▪ Sachin Kalaimani ▪ Nathan Kaplita ▪ Caden Knapp ▪ Sam Kohli ▪ Tom Koresh ▪ Jake Leiter ▪ Valentino Marin ▪ Hunter Maughan ▪ Owen McHugh ▪ Dylan Mirsky ▪ Cole Moran ▪ Wyatt Morris ▪ Sam Mravec ▪ Alex O'Reilly ▪ Nicholas Pinto ▪ Simon Porter ▪ Jackson Ramirez ▪ James Rivette ▪ Cruz Rule ▪ Henry Schnackenberg ▪ Andrey Shcherbakov ▪ Kyan Udasco ▪ Grady Werner ▪ Holden Weston

High Flight • Monroe, WA

Ryker Abrahamson ▪ Bennett Fawcett ▪ Levi Kramer ▪ Brayden Kramer ▪ Kash Kryger ▪ Gideon Moritz

Klanhane Gymnastics • Port Angeles, WA

Conor DeWolf ▪ Liam DeWolf

Metropolitan Gymnastics • Kent, WA

Isaiah Bandrapalli ▪ Mateo Baptista-Allan ▪ David Becerra ▪ Kyle Bender ▪ Brody Boatman ▪ Finn Boatman ▪ Tanner Boatman ▪ Maxim Bykhnyuk ▪ Andrew Cameron ▪ Beckett Chin ▪ Logan Chynoweth ▪ Alex Cline ▪ Matthias Day ▪ Eli Deehr ▪ Will Dollinger ▪ Quinn Gillette ▪ Jonah Hahn ▪ Sean Hansford ▪ Aden Haury ▪ Kaden Hayakawa ▪ Tai Hayes ▪ Liam Henderson ▪ Treven Henderson ▪ Evan Ho ▪ Yuya Ishiyama ▪ Joey Jacroux ▪ Garth Jarvis-Rizza ▪ Sebastian Kane ▪ Lincoln Knutson ▪ Nicholas Kolechkin ▪ Luka Kolovyansky ▪ Cameron Kupets ▪ Kellen Lawrence ▪ Julian Laxamana ▪ Griffin Martinez ▪ Enzo Mascio ▪ Henry Moore ▪ Ethan Nguyen ▪ Julian Nguyen ▪ Everett Olsen ▪ Colby Pacquing ▪ J J Pacquing ▪ Oliver Parenteau ▪ Braxton Rede ▪ Oleg Rodionov ▪ Chuck Rogan ▪ Marcelo Rushwald ▪ Gabe Soltz ▪ Jonah Soltz ▪ Trevor Sooy ▪ Alan Sovrebov ▪ Dominic Stair ▪ Slavik Strembitsky ▪ Levi Summersett ▪ Arthur Taranov ▪ Benjamin Taylor ▪ Ray Teplitsky ▪ Derek Valdez ▪ Janrich Velarmino ▪ Leon Vorkoper ▪ Daniel Waibel ▪ Joshua Waibel ▪ Jeremiah West ▪ Shay West ▪ Tom Young ▪ David Zagurnyi ▪ Davonte Zerzan-Thul

Mid Columbia Gymnastics • Richland, WA

Max Allen ▪ Dutch Anda ▪ Christian Bamber ▪ Ayden Betz ▪ Carson Charles ▪ Holden Diehl ▪ Oscar Felicetti ▪ Owen Felicetti ▪ Prince Gomez ▪ Austin Han ▪ Corbin Han ▪ Landon Hendrickson ▪ Alex Holzer ▪ Lucas Holzer ▪ Gabriel King ▪ Mikey Landon ▪ Tom Le ▪ Ethan Mason ▪ Anthony Mortensen ▪ Aven Scotece ▪ Noah Scott ▪ Cody Szelmezcza ▪ Cade Waters

Mt. Baker Gymnastics • Sedro Wooley, WA

Escher Anderson ▪ Austin Babcock ▪ Blake Burfield ▪ Cy Contreras ▪ Chevy Copo ▪ Gavin Krivanek ▪ Nicky Lamonica ▪ Jack Lemrick ▪ Vincent Lount ▪ Mason Miller ▪ Miles Palmer ▪ Miles Rimmel ▪ Hudson Sedgwick ▪ Stuart Walker

Northpointe Gymnastics • Vancouver WA

Atticus Desjarlais ▪ Hunter Englund ▪ Jeremy Hubka ▪ Elias Kimbrough ▪ Sterling Larwick ▪ Matthew McGhee ▪ Lelend McKenzie ▪ Cael McQuiddy ▪ Nick Nelson ▪ Malachi O'Bryan ▪ Alek Rosiecki ▪ Conner Walters

Olympic Gymnastics Center • Silverdale, WA

Elam Davis

Seattle Gymnastics Center (Ballard) • Ballard, WA

Alan Ban ▪ Derek Divakaruni ▪ Rowan Duncan ▪ Luca Merlino ▪ Maverick Metzler ▪ Mannan Midha ▪ Pascal Ning ▪ Apollo Riemma ▪ Roman Ringland ▪ Joaquin Sanchez Seger ▪ Smith Weimann ▪ Tony Xu ▪ Ayan Zaveri

Spokane Gymnastics • Spokane Valley, WA

Conner Barker ▪ Peyton Bencich ▪ Ethan Laughery ▪ Quinn Maier ▪ Eden O'Neill

Vancouver Elite Gymnastics Academy • Camas, WA

Brady Borth ▪ Porter Davidson ▪ Vincent Elliott ▪ Yulian Kryvoleyvych ▪ Kai Naganuma ▪ Rey Notarte ▪ Felix Palomino

Zenith West Gymnastics Academy • Tacoma, WA

Ethan Albert ▪ Marques Jones ▪ Preston Liang ▪ Ezra Perkins ▪ Caine Williams



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DECORATIONS & ACCESSORIES

CHRIS BURCH
photography

2023 WASHINGTON STATE CHAMPIONSHIP SCORECARD

Number	Name	Floor	Pommel	Rings	Vault	P Bars	H Bar	AA

Find live scores here!

myusagym.com

Find meet results here!

meets.wmgf.us

MEET YOUR HOSTS

The 2022-2023 Washington Men's Gymnastics team is proud to host this year's Washington State Championship.



Front Row: Galen Henriquez, Connor Folmar, Drake Miesel, Riley Lineman, Everett O'Donnell, Murun Jamiyankhuu, Trevor Ruggeri, Cole Dollens, Elyas Sharp, Carter Hawthorne, Riley Sutton, Head Coach Jeff Crockett
Back Row: Nathan Vezina, Oscar Coromina Pujol, Bradley Stroud, Sebastian Barquero, Drew Allen, Xander Agate, Parker Calomiris, Zack Murray, Brody Lusk, Julian Mui Feng, Andrew Layman, Assistant Coach Bob Young

*Photo Credit: Chris Burch

Follow us on social media!



2023 HUSKY MEET SCHEDULE

- 3/17** **Virtual Meet vs. TBD**
- 3/31** **GymACT All-Star Meet**
@Memphis, TN
- 4/29** **GymACT West Conference Championship**
@Galveston, TX
- 5/13** **GymACT Nationals**
vs. top 12 GymACT Teams @TBD

Watch our remaining meets live on
Facebook and YouTube!



WAYS TO SUPPORT THE TEAM

DONATE DIRECTLY

Visit <https://wmgf.us/donate/> to make a donation. Don't forget - many companies (including Boeing and Microsoft) will match your donation!

Your donations are used to support our coaches, provide scholarships* for our athletes, pay for travel to competitions, pay practice facility rent, pay for gym supplies (tape, grips, equipment), buy uniforms, recruit new team members, and pay for advertising so more people can experience the amazing sport of gymnastics.

*If you are interested in donating \$2000 or more as a scholarship to a student athlete in need, please e-mail us at team@wmgf.us and let us know the purpose of your donation. This scholarship will be awarded in your name and the amount will be kept confidential if desired.

JOIN THE WMGF BOARD

The WMGF board meets virtually once a month to develop ideas to promote the program and raise funds for the team.

We are always looking for new members!

Meetings can be joined from anywhere around the world. No specific skills are required except a will to help the team and promote the sport of gymnastics.

If you are interested in joining the board or have further questions, please e-mail us at team@wmgf.us.

We'd love to have you!



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<https://www.gymact.org/college>

- Dates: July 14-16, 2023
- Price: \$425 (spaces are limited!)
- Registration is reserved for class of 2024 and 2025 from now - February 28, 2023.
- Registration will be open to rising sophomores and older March 1-31, 2023.
- Registration will be open to rising freshmen through seniors April 1 - June 15, 2023.
 - To register, create an account - click on "Select Student", create an account, add your athlete, then register and pay for the camp.
- Coaches from the following programs will be featured:

