



# WMG Team Application



Washington  
Men's Gymnastics Team

[www.WMGF.us](http://www.WMGF.us)



## WMG Team Application Instructions

Thank you for your interest in the Washington Men's Gymnastics Team. We are looking forward to the process of learning more about you and providing you with information about our program. We are excited to be a part of helping determine whether the WMGT program is the best fit for your future gymnastics, educational and professional goals.

- 1) It is important to know that final decisions are not made simply on the basis of this application packet. This packet is a starting place for future dialogue and discussion.
- 2) We accept applications year-round, but July 1<sup>st</sup> is the application deadline each year.
- 3) You do not need to know which Seattle area school you are planning to attend before applying. As part of the application process we can help point you to area colleges and universities that match your areas of interest and academic goals.
- 4) A Personal Gymnastics DVD or a link to your YouTube video, should be no longer than 5 minutes in length and should be representative of the quality of gymnastics of which you are capable. Seeing your big skills is important, but please understand that we are mostly interested in seeing the quality of your fundamentals.
- 5) Good gymnastics capability is an important aspect of what we are looking for in teammates, but we are also interested in learning more about who you are as a person and your potential to grow and develop in our training environment. Please give complete answers to the essays and include 2 letters of recommendation from non-family coaches, teachers or advisors in your life. At least one letter should be from a gymnastics coach who has recent experience coaching you. The letters should address your character, work ethic, dependability, positive attitude and gymnastics potential.
- 6) If you are interested in being considered for one of the WMGF Scholarships, you must also complete the WMGF Scholarship Application. If you do not include it in the packet, we will assume that you are not interested in a scholarship. WMGF has annually budgeted between \$30,000 - \$40,000 for Scholarships.

A complete WMGT Application will include the following items:

- WMG Team Application (including Essays)
- Two Letters of Recommendation
- Personal Gymnastics Video (Disc or YouTube link)
- WMGF Scholarship Application (if applying)

Please e-mail your completed Application to:

Coach Eli

[elirichardson89@gmail.com](mailto:elirichardson89@gmail.com)

## Team Application Personal Information

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Home Phone \_\_\_\_\_

Mobile \_\_\_\_\_ USAG #: \_\_\_\_\_

Birthdate \_\_\_\_\_

Parents' Names \_\_\_\_\_ Email \_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_ Email \_\_\_\_\_ Phone \_\_\_\_\_

### ***Gymnastics Experience***

Current Gym \_\_\_\_\_ Current Coach \_\_\_\_\_

Gym Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Gym Website \_\_\_\_\_ Region \_\_\_\_\_

First year of Competitive Gymnastics \_\_\_\_\_

Rank each event in the order of your perception from 1 to 6 (*1 being your best event and 6 your weakest*):

\_\_\_\_ FX    \_\_\_\_ PH    \_\_\_\_ R    \_\_\_\_ V    \_\_\_\_ PB    \_\_\_\_ HB

Highest JO Competition Level \_\_\_\_ 8 \_\_\_\_ 9 \_\_\_\_ 10                      Highest All-Around Score/Date \_\_\_\_\_

### ***Physical Health***

Known medical conditions or problems (*attach additional pages as needed*)

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Date of last physical exam \_\_\_\_\_

### ***Education***

High School \_\_\_\_\_ Expected Graduation Date \_\_\_\_\_

GPA \_\_\_\_\_ Top 2 Subjects \_\_\_\_\_

School Activities \_\_\_\_\_

College/s in Seattle you're applying to: \_\_\_\_\_

***WMG Team Application Essay Questions***

1) Please describe what you love about being a gymnast and what you hope to gain from training and competing in an elite training program.

2) Please describe a season or incident of personal adversity and what you did to overcome it.

3) As you understand them now, please describe your educational and professional aspirations.